

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 25 Mar 2022 until 23:59 on Saturday 26 Mar 2022

Forecast Issued on Friday 25 Mar 2022 at 02:48 by Met Office Aberdeen

Confidence: High for mainly dry and settled conditions, but medium for cloud details.

Headline for Friday 25 Mar 2022: Dry with sunny spells, and some patchy cloud at times.

Mountain weather hazards on Friday 25 Mar 2022

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

No Likelihood

Severe chill effect

No Likelihood

Poor visibility

Low Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Cloudy	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability					
<05%	<05%	00%	00%	00%	00%

Forecast for Friday 25 Mar 2022

Weather: A rather cloudy start, but cloud soon dispersing. Then dry and mainly sunny with a little patchy cloud at times. This giving isolated hill fog on the higher summits in the west through the morning. Isolated mist and fog may form in the glens later in the evening.

Chance of cloud-free hill tops above 800m: 70% early morning, increasing 90% by midday.

Low Cloud and visibility: Mainly good visibility. Lowering very poor in hill fog with patchy cloud with bases 700-900 m in the west early morning.

Forecast for Friday 25 Mar 2022

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	13/15 S	7/10 SW	8/12 SW	8/12 W	6/8 W	4/5 N	4/6 SW
900	8/12 SW	7/10 SW	7/11 SW	7/12 W	5/8 W	3/5 NW	3/5 SW
600	9/11 SW	7/10 W	8/12 SW	8/13 SW	6/9 SW	4/5 SW	3/4 SW
300	4/5 S	3/5 W	5/8 SW	6/10 SW	3/6 W	2/3 N	2/3 NE
Glen	1/2 W	1/3 E	5/8 SW	7/11 SW	5/9 W	3/5 NW	2/4 N

Height (m)	Temperature / Feels Like (°C)						
1300	1/-4	1/-2	2/-2	2/-1	2/-0	2/-0	1/-1
900	2/-1	3/-0	4/1	5/2	4/2	3/2	1/-0
600	5/2	6/3	7/5	8/6	8/6	6/6	5/4
300	7/6	7/6	10/8	11/9	10/10	8/8	7/7
Glen	6/5	9/8	12/11	13/11	11/10	9/9	7/6
Freezing Level*	1500m	1500m	1500m	1600m	1600m	1700m	1700m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Moderate UV levels, sun protection recommended.

Forecast for Saturday 26 Mar 2022

Weather: Dry again with some long periods of sunshine, and just a small amount of patchy cloud in the west. Isolated mist and fog in the glens by morning and evening.

Maximum wind: Westerly mean 5-10 mph gusting 15-20 mph.

Chance of cloud-free hill tops above 800m: 90%.

Low Cloud and visibility: Mainly good visibility with clouds mostly above the tops. Isolated cloud bases 600-800 m early hours and morning will give isolated hill fog and very poor visibility.

Temperature: **Glens:** Plus 4 Celsius rising to plus 13 Celsius.
At 800m: Plus 3 Celsius rising plus 6 Celsius.
Freezing level: Above summits.